



---

# EMOTIONAL INTELLIGENCE IN THE WORKPLACE

Dr. Michael A. Brown Sr., PhD

---

**WHAT IS IT REALLY?**



**M**

**L**

**T**

<https://youtu.be/-I2dEuvT8sM>

## EI DEFINED

The ability to sense, understand, and effectively apply the power and acumen of emotions as a source of human energy, information, trust, creativity and influence  
(Cooper)

- Emotional Intelligence is critical for career success
- EI helps leaders build a collaborative culture, emphasize everyone's strengths, and work to improve weaknesses
- The smartest leaders can benefit from EI by finding the best way to create a bond with their team
- These leaders use EI to create working relationships that allow the best and brightest on the team to share their technical expertise with solid recommendations for action

# NETWORKING

**Dr. Michael A. “Doc” Brown Sr., PhD**

**(757) 876-6589**

**[www.rightfitcomm.com](http://www.rightfitcomm.com)**

**LinkedIn: michaelbrown76**

**Twitter: @MichaelBrown76**