3D Coaching Philosophy – Dr. Michael Brown

OPTIONAL TEXT: [3D Coaching: Suggestions for a New Approach](https://www.amazon.com/3D-Coaching-Suggestions-New-Approach/dp/1736410008)

OVERVIEW: The bottom line is to know yourself and your team and develop together to form a winning combination that can withstand the test of time. Work together through the common language of 3D and through a shared understanding. Leaders should create strong relationships where they bond with and inspire members, achieving shared understanding and building trust. The resulting improvements can deliver increased personal and professional growth, improved productivity and performance, and innovation.

Students will be able to:

1. Evaluate coaching/teaching/leading applications of the 3D philosophy.
2. Identify effective behaviors.
3. Identify and apply requirements of emotional intelligence, empathy, and Leader-Member Exchange Theory (LMX).
4. Develop different approaches to leading people and teams.
5. Identify or develop personal leadership style through self-assessment.
6. Assess leader issues of accountability and responsiveness to member needs.

**DEDICATION:** Commit to prepare, and perform, motivating every step of the way.

**DETAIL:** Create shared understanding to enhance strengths and improve weaknesses.

**DISCIPLINE:** Follow rules to be the best you can in all situations at all times.